

Procedure is indicated for **ALL** of the following:

- Severity of obesity judged appropriate for procedure, as indicated by **1 or more** of the following:
 - Adult patient has BMI of 40 or greater (37.5 in Asian patients).
 - Adolescent patient^[B] (13 to 17 years of age) has BMI of 40 (or 140% of the 95th percentile in an age and sex matched growth chart) or greater.
 - Adult patient has BMI of 35 or greater (32.5 in Asian patients)^[A] and a clinically serious condition related to obesity (eg, type 2 diabetes, obesity hypoventilation, obstructive sleep apnea, nonalcoholic steatohepatitis, pseudotumor cerebri, severe osteoarthritis, difficult to control hypertension).
 - Adolescent patient^[B] (13 to 17 years of age) has BMI of 35 (or 120% of the 95th percentile in an age and sex matched growth chart) or greater and a clinically serious condition related to obesity (eg, type 2 diabetes, obstructive sleep apnea, nonalcoholic steatohepatitis, pseudotumor cerebri, Blount disease (tibia vara), slipped capital femoral epiphysis).
 - Adult patient has BMI of 30 or greater (27.5 in Asian patients)^[A] with type 2 diabetes mellitus and inadequately controlled hyperglycemia^[C] despite optimal medical treatment (eg, oral medication, insulin).

- Patient is candidate for bariatric surgery, as indicated by **ALL** of the following:
 - Patient has tried and has failed to achieve and maintain sufficient weight loss with nonsurgical treatment.
 - Correctable cause for obesity not identified (eg, hypothyroidism, Cushing syndrome).
 - Patient has demonstrated reliable participation in a preoperative multidisciplinary behavior modification program (eg, preparation for postoperative diet and exercise regimens).
 - Current substance abuse not identified.
 - Not currently pregnant and no planned pregnancy within 18 months of surgery.
 - Expectation that patient will be able to adhere to postoperative care requirements (eg, judged to be committed, and willing to participate and adhere to postoperative instructions).
 - No current untreated or uncontrolled eating disorder.
 - No serious untreated or uncontrolled medical, psychiatric, psychosocial, or cognitive condition that would interfere with adherence to postoperative instructions, and self-care.
 - Patient is receiving treatment in multidisciplinary program experienced in metabolic surgery that can provide **ALL** of the following:
 - Surgeons experienced with procedure
 - Preoperative medical consultation
 - Preoperative mental health consultation
 - Nutritional counseling
 - Exercise counseling
 - Patient support programs

- ***These are general guidelines, and each case is reviewed individually by a Physician for appropriateness.***
- ***Individual plans may be subject to plan restrictions.***
- ***Verify benefits with individual plan, as benefit may be excluded under the individual plan which member is enrolled in.***
- ***These guidelines are not a determination of benefits.***