

GUIDELINES BARIATRIC SURGERY

Procedure indicated by ALL of the following(1)(2)(3):

1. Severity of obesity judged appropriate for procedure as indicated by 1 or more of the following:
 - Patient has BMI[A] of 40 or greater.
 - Patient has BMI[A] of 35 or greater and clinically serious condition related to obesity (eg, type 2 diabetes, obesity hypoventilation, obstructive sleep apnea, nonalcoholic steatohepatitis, pseudotumor cerebri, severe osteoarthritis)
 - Adult patient[B] has BMI[A] of 30 or greater with type 2 diabetes mellitus with inadequately controlled hyperglycemia (eg, HbA1c greater than 8% (64 mmol/mol) despite optimal medical treatment (eg, oral medication, insulin)).[C][D]
2. Patient is candidate for bariatric surgery as indicated by ALL of the following(1)(13):
 - Failure to achieve and maintain significant weight loss with nonsurgical treatment
 - Correctable cause for obesity not identified (eg, endocrine disorder)
 - Patient has demonstrated reliable participation in preoperative weight-loss program that is multidisciplinary (eg, low-calorie diet, supervised exercise, behavior modification).(15)
 - Current substance abuse not identified
 - Patient is fully grown or nearly fully grown.[E]
 - Expectation that patient will be able to adhere to postoperative care (eg, judged to be committed and able to participate in postoperative requirements)(16)
3. Patient is receiving treatment in multidisciplinary program experienced in obesity surgery that can provide ALL of the following(15):
 - Surgeons experienced with procedure
 - Preoperative medical consultation and approval
 - Preoperative psychiatric consultation and approval
 - Nutritional counseling
 - Exercise counseling
 - Psychological counseling
 - Support group meetings



ACCREDITED

Case Management
Expires 04/01/2022

- ***These are general guidelines, and each case is reviewed individually by a Physician for appropriateness.***
- ***Individual plans may be subject to plan restrictions.***
- ***Verify benefits with individual plan, as benefit may be excluded under the individual plan which member is enrolled in.***
- ***These guidelines are not a determination of benefits.***

MedWatch. Simply the RIGHT choice!

Ph: 800-432-8421 | urmedwatch.com